REFUGEE COUNCIL





DRUŠTVO CRVENOG KRSTA/KRIŽA BOSNE I HERCEGOVINE CRVENI KRIŽ FEDERACIJE BOSNE I HERCEGOVINE

AUGUST 2022 **HEALTH FACTSHEET** 

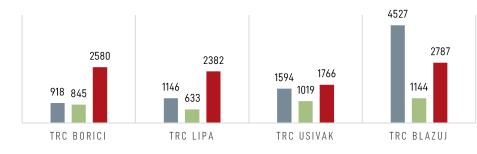


# 1. KEY HIGHLIGHTS & MONTHLY TRENDS

- DRC has ensured **8.185 medical examinations** and **3.641 medical interventions** in August 2022. Alongside this, there were **9.515 PoCs medically attended directly by DRC staff** inside TRCs in Bosnia & Herzegovina. Moreover, DRC facilitated 2.028 pediatric examinations & interventions within two pediatric units in TRCs Usivak and Borici.
- DRC has facilitated 49 referrals towards PHCs and 77 referrals towards SHCs for specialized healthcare and diagnostics. Moreover, 7 PoCs were hospitalized in healthcare facilities.
- As a part of DRCs COVID-19 response, PHC medical teams performed 4.825 medical screenings in four reception centers. Furthermore, 720 PoCs were tested for COVID-19 using Rapid Antigen tests, out of which 11 came back positive. No beneficiaries were tested for COVID-19 using the PCR test.

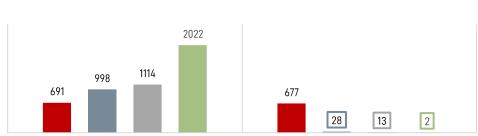
### DRCs HEALTH RESPONSE INSIDE TEMPORARY RECEPTION CENTERS

■ Medical Examinations
■ Medical Interventions
■ Medically Attended



### DRCs COVID-19 RESPONSE INSIDE TEMPORARY RECEPTION CENTERS

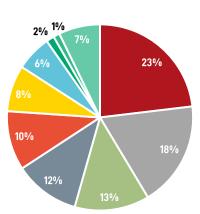




Screened for COVID-19 by PHC medical teams

Tested for COVID-19 with Rapid Antigen test

## CLASSIFICATION OF MOST FREQUENT DISEASES AND HEALTH RELATED PROBLEMS



- Diseases of the skin and subcutaneous tissue
- Diseases of the respiratory system
- Diseases of the musculoskeletal system and connective tissue
- Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified
- \*Scabies
- Diseases of the digestive system
- Injury, poisoning and certain other consequences of external causes
- Diseases of the genitourinary system
- Diseases of the eye and adnexa
- Other

### **OBSERVATIONS**

- Number of medical examinations have increased in 75% in comparison to July 2022, which corresponds to higher number of PoCs residing inside the centers, as well higher number of newly arrived PoCs to the country. There is a subsequent incidence increase across all morbidities
- However, highest incidence increase was recorded for Scabies, of up to 220% in comparison to July 2022, contrary to expected seasonal decrease of scabies cases during summer months. Additionally, incidence of skin diseases has increased in 92%, corresponding to higher number of PoCs spending time in unsanitary conditions with limited access to hygiene services. Moreover, incidence increase was recorded for injuries of up to 93%, corresponding to high number of newly arrived PoCs, who traveled for significant amount of time before reaching TRCs and proper health care.
- When it comes to referrals for specialized health care and diagnostics, namely PHC referrals were for laboratory services and Dentistry (in USC). Moreover, SHC referrals were for specialist examination, namely orthopedic and general surgeons attending accidental injuries.
- Hospitalizations were mainly due to trauma and acute conditions needing immediate medical aid.

## 2. HEALTH RESPONSE

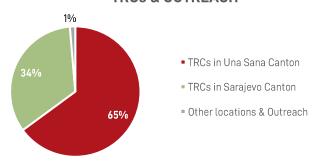
- To stress the importance of DRC's Health Response inside and outside of TRCs, DRC has developed a tool to track incoming inquiries and referrals to enhance DRCs' service provision and the quality of the response, enabling informed programme adjustments. Most of the referrals and inquiries were received inside of TRCs (98%).
- DRC has successfully addressed 4.812 incoming health related inquires/referrals received from other organizations in August 2022.

INCOMING INQUIRIES
AND REFERRALS
4.530
Incoming healthcare referrals
4.630
Health related expertise provided
Pediatric health expertise provided

### **HEALTH INQUIRIES/REFERRALS RECEIVED FROM:**

#### 2104 1471 657 385 66 64 50 15 SFA Red Cross IOM World Vision UNFPA Save the Other MDM Children

# INCOMING HEALTH INQUIRIES AND REFERRALS: TRCs & OUTREACH

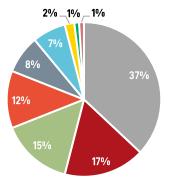


DRC ASSISTANCES & REFERRALS IN OUT-OF-SITE AREAS

475
Basic medical assistance provided

30 Different locations 58
Referrals for further support

### **HEALTH CONCERNS IN OUT-OF-SITE LOCATIONS**



- Musculosceletal conditions
- Other health conditions
- Skin conditions
- Respiratory conditions
- Digestive conditions
- Neurological conditions
- Injuries and trauma
- Acute health conditions
- Chronic health conditions

#### **OBSERVATIONS**

- Number of medical assistances in out-of-site locations have increased in 29%, compared to July 2022, which corresponds to higher number of new arrivals and PoCs spending more time in informal settlements.
- There has been no significant change in reported health conditions, with exemption of reported musculoskeletal concerns, which records an increasing trend for 3 consecutive months. This clearly corresponds to the fact that individuals residing in these locations are moving often to different locations and sleeping rough.

## 3. MENTAL HEALTH & PSYCHOSOCIAL SUPPORT

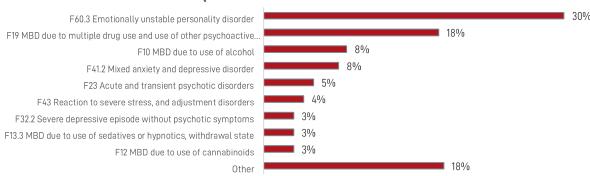




#### Médecins du Monde - MDM

- During the month of August, MDM assisted 568 new direct beneficiaries (522 adults, 46 children) residing in TRCs in Una-Sana Canton and Canton Sarajevo. A total of 277 individual psychological counselling sessions were conducted. The main mental health issues being diagnosed were emotionally unstable personality disorder, substance abuse and combined anxiety and depression syndrome.
- In addition, group empowerment and psychoeducational sessions were organized in TRCs for a total of 681 participants. Psychoeducational group sessions included topics of: <u>Depression and Symptoms of Depression Conflict resolution</u>, <u>Mental Health Awareness</u>, <u>Communication Skills</u>, <u>Emotional Awareness</u>, <u>Stress management</u> and <u>Prevention of substance use</u>.
- MdM Psychiatric Specialists provided regular psychiatric consultations and follow up available to all beneficiaries in SC (TRC Blažuj, TRC Ušivak) and USC (TRC Lipa and TRC Borići). Total of 95 psychiatric care consultations were conducted for 65 individuals (7 female beneficiaries, 58 male beneficiaries).
- MDM provided 16 MHPSS activities in outreach locations

### MOST FREQUENT PSYCHIATRIC DIAGNOSIS



#### **Red Cross**

Red Cross Teams, supported by DRC through ECHO funding, have been operational in out-of-site locations (Tuzla, Goražde, Bosanski Petrovac and in Sarajevo Canton). Red Cross teams assisted a total of 2.709

PoCs (2.285 adult men, 118 adult women, 34 girls and 272 boys). Red Cross teams provided 1.377 Psychological First Aid (PFA) consultations, with 168 MHPSS consultations done by psychologist. Moreover,
3.592 First Aid assistances (for PoCs with muscle pain and cramps, blisters, wounds, etc.) were provided, with 222 medical consultations performed by medical doctors.

## 4. THEMATIC FOCUS – SCABIES



- Scabies is a communicable parasitic disease affecting the skin, cause by parasite Sarcoptes scabiei var. hominis. This disease affects people of all races and social classes. It is present on all continents and in all countries of the world. WHO states that an estimated 200 million people worldwide suffer from scabies at any one time. The source of infection (reservoir) is skin of an infected individual, transmitting the disease upon prolonged contact with infected individual, through direct skin-to-skin contact, infected clothes, bed linen, etc. Infected individual is contagious as long there are live parasites in his skin. Due to pathophysiology of the disease, and life cycle of the parasite, scabies is more common in the winter period, than in summer.
- The incubation period for the first infection with scabies is 2–6 week, and for re-infection, it is shorter, namely from 1–4 days. After incubation, patient develops an allergic reaction to the presence of parasite's proteins and feces in the scabies burrow, causing intense itch and rash. The infected individual is contagious after 14 days of incubation, even if asymptomatic. The patient is no longer contagious after effective treatment
- The main symptoms of infection are intense itching (especially at night), and the appearance of red rash on fingers, skin between fingers, hands, elbows, heels, armpits pits, around the waist, and can spread to almost any part of the body, including the breasts, genitals organs and the region around the anus. The face in adults is generally not affected.
- Treatment includes usage of different topical medications (sulfur cream or benzyl-benzoate lotion) on entire body, only excluding face and hair, with following additional preventive measures:
  - Shower with warm water and soup before application of treatment, and 24 hours after treatment
  - Wearing clean clothes and change bed linen
  - Washing old and new clothes and bed linen on minimum 60C and hot/sun drying.
  - Direct contacts of the patient are to be treated even if asymptomatic.
  - 24 hours isolation upon treatment.
  - Practicing personal hygiene to prevent secondary infection of the skin lesions
- Scables, together with other communicable skin diseases, has always been a top morbidity among the population on the move, as well as inside collective accommodations and among displaced population. This is namely due to prolonged travel, staying and living in unsanitary and/or crowded places, with limited access to hygiene and medical services.
- Since the engagement of DRC in provision of healthcare services for people on the move in BiH (April 2019), up until now more than 10,000 cases of Scabies were recorded and treated among this population.

  During this period, on average, Scabies takes around 7% of all recorded diseases inside TRCs in BiH.
- Following the recommendations of local health authorities, adjusted to fit the context of mixed-migration and setup of the TRCs, several preventive measures were implemented to stop the spread of scabies among the PoCs, namely:
  - Mandatory entry screening on signs and symptoms of scabies for all new arrivals
  - Isolation and proper treatment (including medication, WASH activities and NFI) of all suspect/confirmed cases and their direct contacts
  - Follow up examination and/or treatment after 7-14 days
  - Health educational sessions on scabies prevention and treatment for PoCs and service providers.

Health Care Services are an integral part of the Danish Refugee Council's humanitarian assistance to migrants, refugees and asylum-seekers in BiH. DRC teams ensure timely access to primary and secondary health care, nursing care, medical escorting and health education. Additionally, in cooperation with relevant public health institutions, DRC ensures sanitary-epidemiological monitoring and infection-prevention and control measures, including the measures for preventing the spread of COVID-19 infection (medical screenings, testing, isolation and vaccination). The response complements the DRC health and protection program implemented in all reception facilities and in out-of-site locations in Bosnia and Herzegovina.

#### CONTACT

Hector Carpintero, Country Director
<a href="mailto:hector.carpintero@drc.ngo">hector.carpintero@drc.ngo</a>
https://drc.ngo/our-work/where-we-work/europe/bosnia-and-herzegovina/